



You Might Be In A Preschool/ Kindergarten PATHS® Classroom If You See The Following:

Rules/Friendship:

- Students Following Rules That Are Photographed and Displayed
- Students “sharing, caring, and helping” as learned in the PATHS® Storybook
- You see a “What Friends Do” Poster
- You see our four puppet friends...Twiggle the Turtle, Henrietta the Hedgehog, Daphne the Duck, and Duke the Dog

PATHS® Kid of the Day:

- You see a child wearing a PATHS® Kid sticker or other identifier
- You see students and adults giving and receiving compliments or a compliment sheet posted in the classroom.

Feelings:

- You see a class Feelings Chart of comfortable and uncomfortable feelings
- Students are using feeling faces cards to express their emotions
- Adults are using their feeling faces cards to communicate with students

Self-Control:

- Children doing “Turtle”...taking a deep breath, saying the problem and how they feel
- Adults doing “Turtle” and modeling for children
- Adults leading group “Turtle”
- You see a “Turtle” poster
- You see and hear students talking things out

Other Signs of a PATHS® Classroom:

- You see caregiver/child activities that have been completed and returned.
- Center activities that are extensions of PATHS® lessons are visible.
- You see PATHS® storybooks being used in the classroom



You Might Be In A First Grade PATHS® Classroom If You See The Following:

Rules:

- Students following rules that are posted in the classroom.
- You see Twiggle, a turtle puppet friend.

PATHS® Kid of the Day:

- PATHS® Kid of the Day poster displayed with compliment sheet attached
- A child wearing a PATHS® Kid sticker or another identifier
- You see students and adults giving and receiving compliments.

Feelings:

- A Feelings Chart of comfortable and uncomfortable feelings is displayed
- Students and adults role playing feeling awareness
- Feeling face cards are used by both adults and children throughout the day

Self-Control:

- At the beginning of the year you see a turtle puppet named Twiggle and a poster about doing "Turtle".
- You see adults and students taking deep breaths and calming themselves down by expressing themselves about the problem and how they feel
- Students and adults role playing
- Adults leading group "Turtle"
- Children talking things out

Problem Solving:

- Later in the year you see a Control Signals Poster in the classroom
- You see a Problem-Solving Box where children and adults can put their problems for later discussion
- You witness a problem-solving meeting

Other Signs of a PATHS® Classroom:

- You see caregiver/child activities that have been completed and returned.
- Center activities or additional student work that are extensions of PATHS® lessons are visible.
- You see storybooks being used in the classroom to integrate PATHS® concepts
- Students are learning about themselves and our world through PATHS® biographies



You Might Be In A Grade 2 PATHS® Classroom If You See The Following:

Rules:

- Students following rules that are posted in the classroom

PATHS® Kid of the Day:

- PATHS® Kid of the Day poster displayed with compliment sheet attached
- You see a student wearing a PATHS® Kid sticker or other identifier
- Students and adults are giving and receiving compliments

Feelings:

- A Feelings Chart of more advanced comfortable and uncomfortable feelings displayed
- Students and adults role playing feeling awareness
- Feeling faces cards are used by both adults and students throughout the day

Self-Control:

- Students use the Control Signals Poster displayed in the classroom
- Adults modeling “Three Steps for Calming Down”
- Children talking things out

Problem Solving:

- A Problem-Solving Box where children and adults can put their problems to solve later
- You witness a problem-solving meeting

Other Signs of a PATHS® Classroom:

- You see caregiver/child activities that have been completed and returned.
- Teachers combine PATHS concepts with daily academic subjects
- Students are learning about themselves and our world through PATHS® biographies



You Might Be In A Grade 3 PATHS® Classroom If You See The Following:

Rules:

- Students following rules that are posted in the classroom

PATHS® Kid of the Day:

- PATHS® Kid of the Day poster displayed with compliment sheet attached
- Students are wearing a PATHS® Kid sticker or other identifier
- Students and adults giving and receiving compliments

Feelings:

- A class feelings poster with comfortable and uncomfortable feelings is displayed
- Students and adults role playing feeling awareness
- Students use a Feelings Dictionary

Self-Control:

- Children doing “Three Steps for Calming Down” as shown on the poster in the classroom
- Adults modeling “Three Steps for Calming Down”
- Children talking things out

Problem Solving:

- A Control Signals Poster is posted
- A Problem-solving Box is used for students and adults can share their problems.
- You witness a problem-solving meeting
- Adults and students use role plays to solve common problems and solutions

Other Signs of a PATHS® Classroom:

- Caregiver/child activities that have been completed and returned.
- Cooperative learning roles are used to encourage students working together in groups.
- Extension activities are used for PATHS concepts
- The classroom is planning or has completed a community service project
- Students are learning about themselves and our world through PATHS® biographies



You Might Be In A Grade 4 PATHS® Classroom If You See The Following:

Rules:

- Students following rules that are posted in the classroom

PATHS® Kid of the Day:

- PATHS® Kid of the Day poster displayed with compliment sheet attached
- You see a student wearing a PATHS® Kid sticker or identifier
- Students and adults giving and receiving compliments

Feelings:

- A class feelings poster with comfortable and uncomfortable feelings is displayed
- Students and adults role playing feeling awareness
- A Feelings Dictionary is used by students

Self-Control:

- Students and adults learning and using the 11 step problem solving model
- Students thinking before they act

Problem Solving:

- You see a 11 step Problem Solving Poster
- A Problem-Solving Box where students and adults can put their problems.
- You witness a problem solving meeting
- Adults and students use role plays to solve common problems and solutions
- A Problem-Solving Page is used by students when faced with a challenge

Other Signs of a PATHS® Classroom:

- You see caregiver/child activities that have been completed and returned.
- Cooperative learning roles are used to encourage students working together in groups.
- The classroom is planning or has completed a community service project
- Novel studies are used as an extension of the PATHS® curriculum
- Students are learning about themselves and our world through PATHS® biographies



You Might Be In A Grade 5 or Grade 6 PATHS® Classroom If You See The Following:

Rules:

- Students following rules that are posted in the classroom

PATHS® Kid of the Day:

- PATHS® Kid of the Day poster displayed with compliment sheet attached
- A student has on an identifier
- Students and adults giving and receiving compliments

Feelings:

- Students and adults role playing feeling awareness
- Students expressing themselves
- A Feelings Thesaurus is used by children

Self-Control:

- Students learning more about doing “Three Steps for Calming Down”
- Adults modeling “Three Steps for Calming Down”
- Children talking things out

Problem Solving:

- The 11 step Problem Solving Poster is displayed
- A Problem-solving Box where children and adults can put their problems is used.
- You witness a problem solving meeting
- Adults and students use role plays to solve common problems
- A Problem-Solving Page is used by students when they face a challenging situation

Other Signs of a PATHS® Classroom:

- You see caregiver/child activities that have been completed and returned.
- Cooperative learning roles are used encourage students working together in groups.
- The classroom is planning or has completed a community service project
- Novel studies are used as an extension of the PATHS® curriculum
- Students are learning about themselves and our world through PATHS® biographies
- Study skills posters are displayed (SET, HEY) and the concepts used
- Journal writings and extension activities are evidenced